

# Susan S. Woodhouse

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## EDUCATION

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### **Post-doctoral Fellow (September, 2003 – August, 2005)**

Department of Psychology, Developmental Psychology Program  
University of Maryland at College Park  
Funded 2004-2005 by NRSA Individual Post-doctoral Fellowship.  
National Institutes of Health (NIH)/National Institute for Child Health and Development (NICHD)  
*Attachment and Process in Intervention Outcome*

### **Ph.D., Counseling Psychology, 2003**

Department of Psychology  
University of Maryland at College Park  
Dissertation: *Adult attachment, memory for in-session emotion, and client session evaluation: An affect regulation perspective*

### **Predoctoral Internship, August 2002- August 2003**

Center for Counseling and Student Development  
University of Delaware

### **M.S., Counseling with Concentration in Marriage, Family, and Child Counseling, 1996**

California State University, Hayward  
Empirical master's thesis: *Artistic self-efficacy and choice of a career in art among artistically talented adolescents*

### **B.A., Comparative Literature, 1992**

New College of the University of South Florida  
Undergraduate honors thesis: *A deconstructive analysis of Mikhail Bulgakov's The Master and Margarita*

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## LICENSURE

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Licensed Psychologist, State of Pennsylvania, #PS016867 since September, 2010

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**EMPLOYMENT HISTORY**


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- Associate Professor, Counseling Psychology Program** August 2012 to present  
 Department of Education and Human Services  
 College of Education  
 Lehigh University  
 111 Research Drive  
 Bethlehem, PA 18015
- Adjunct Associate Professor of Psychiatry** November 2012 - September 2013  
 Pennsylvania State University College of Medicine  
 Hershey, PA 17033
- Assistant Professor, Counseling Psychology Program** August, 2005 – July, 2012  
 Department of Educational Psychology, Counseling, and Special Education  
 Pennsylvania State University  
 313 CEDAR Building  
 University Park, PA 16802-3110
- Post-doctoral Fellow in Developmental Psychology** September, 2003 – August, 2005  
 Department of Psychology  
 1147 Biology/Psychology Building  
 University of Maryland  
 College Park, MD 20742

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**PUBLICATIONS AND CREATIVE ACTIVITIES**


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**Chapters in Books**Published:

- Woodhouse, S. S.**, Powell, B., Cooper, G., Hoffman, K., & Cassidy, J. (2018). The Circle of Security intervention: Design, research, and implementation. In H. Steele & M. Steele (Eds.), *Handbook of attachment-based interventions* (pp. 50-78). New York, NY: Guilford.
- Feeney, B. C., & **Woodhouse, S. S.** (2016). Caregiving. In J. Cassidy & P. R. Shaver (Eds.), *Handbook of attachment: Theory, research, and clinical applications (3rd ed.)* (pp. 827-851). New York, NY: Guilford.
- Bieschke, K. J., Blasko, K. A., & **Woodhouse, S. S.** (2014). A comprehensive approach to competently addressing sexual minority issues in clinical supervision. In C. A. Falender, E. P. Shafranske, & C. J. Falicov (Eds.), *Multiculturalism and diversity in clinical supervision: A Competency-based approach* (pp. 209-230). Washington, DC: American Psychological Association.
- Cassidy, J., **Woodhouse, S. S.**, Cooper, G., Hoffman, K., Powell, B., & Rodenberg, M. (2005). Examination of the precursors of infant attachment security: Implications for early intervention and intervention research. In L. J. Berlin, Y. Ziv, L. M. Amaya-Jackson, & M. T. Greenberg (Eds.), *Enhancing early attachments: Theory, research, intervention, and policy* (pp. 34-60). New York: Guilford.

Gelso, C. J., & **Woodhouse, S. S.** (2003). Toward a positive psychotherapy: Focus on human strengths. In W. B. Walsh (Ed.), *Counseling psychology and optimal human functioning* (pp. 171-197). Mahwah, New Jersey: Erlbaum.

Gelso, C. J., & **Woodhouse, S. S.** (2002). The termination of psychotherapy: What research tells us about the process of ending treatment. In G. S. Tryon (Ed.), *Counseling based on process research: Applying what we know* (pp. 344-369). Boston, MA: Allyn & Bacon.

### Articles in Refereed Journals

*Note: \* = student author from previous institution; \*\* = student author from Lehigh University*

**Woodhouse, S. S.**, \*Scott, J. R., \*Hepworth, A. D., & Cassidy, J. (2020). Secure base provision: A new approach to links between maternal caregiving and attachment. *Child Development, 91*(1), 249-265. doi: 10.1111/cdev.13224

Stupica, B., Brett, B. E., **Woodhouse, S. S.**, & Cassidy, J. (2019). Attachment security priming decreases children's physiological response to threat. *Child Development, 90*(4), 999-103. doi:10.1111/cdev.13009

**Woodhouse, S. S.** (2018). Attachment-based interventions for families with young children. *Journal of Clinical Psychology, 74*(8),1296-1299. doi: 10.1002/jclp.22640

\*\*Kim, M., **Woodhouse, S. S.**, & \*\*Dai, C. (2018). Learning to provide children with a secure base and a safe haven: The Circle of Security-Parenting (COS-P) group intervention. *Journal of Clinical Psychology, 74*(8),1319-1332. doi: 10.1002/jclp.22643

Cassidy, J., Brett, B. E., Gross, J. T., Stern, J. A., Martin, D. R., Mohr, J. J., & **Woodhouse, S. S.** (2017). Circle of Security – Parenting: A randomized controlled trial in Head Start. *Development and Psychopathology, 29*, 651 - 673.

Smith, J. D., **Woodhouse, S. S.**, Clark, C., & Skowron, E. A. (2016). Attachment status and mother–preschooler parasympathetic response to the strange situation procedure. *Biological Psychology, 114*, 39-48. <http://dx.doi.org/10.1016/j.biopsycho.2015.12.008>

**Woodhouse, S. S.**, \*\*Lauer, M., \*Beeney, J. R. S., & Cassidy, J. (2015). Psychotherapy process and relationship in the context of a brief attachment-based, mother-infant intervention. *Psychotherapy, 52*(1), 145-150. doi:10.1037/a0037335.

Dykas, M. J., **Woodhouse, S. S.**, Jones, J. D., & Cassidy, J. (2014). Attachment-related biases in adolescents' memory. *Child Development, 85*, 2185–2201. doi: 10.1111/cdev.12268

Dykas, M. J., **Woodhouse, S. S.**, Ehrlich, K. E., & Cassidy, J. (2012). Attachment-related differences in perceptions of an initial peer interaction emerge over time: Evidence of reconstructive memory processes in adolescents. *Developmental Psychology, 48*, 1381-1389. doi: 10.1037/a0027462

**Woodhouse, S. S.**, Dykas, M. J., & Cassidy, J. (2012). Loneliness and peer relations in adolescence. *Social Development, 21*, 273-293. doi: 10.1111/j.1467-9507.2011.00611.x

- Woodhouse, S. S.** (2012). Clinical writing: Additional ethical and practical issues. *Psychotherapy, 49*, 22-25. doi: 10.1037/a0026965
- Cassidy, J., **Woodhouse, S. S.**, Sherman, L. J., Stupica, B., & Lejuez, C. W. (2011). Enhancing infant attachment security: An examination of treatment efficacy and differential susceptibility. *Development and Psychopathology, 23*, 131-148. doi: 10.1017/S0954579410000696
- Dykas, M. J., **Woodhouse, S. S.**, Ehrlich, K. E., & Cassidy, J. (2010). Do adolescents and parents reconstruct memories about their conflict as a function of adolescent attachment? *Child Development, 81*, 1445-1459. doi: 10.1111/j.1467-8624.2010.01484.x
- Woodhouse, S. S.** (2010). Dyadic interactions as precursors to attachment security: Implications for intervention and research. *Attachment and Human Development, 12*, 151-157. doi: <http://dx.doi.org/10.1080/14616730903381514>
- Woodhouse, S. S.**, Ramos-Marcuse, F., Ehrlich, K. E., Warner, S. C., & Cassidy, J. (2010). The role of adolescent attachment in moderating and mediating the links between parent and adolescent psychological symptoms. *Journal of Clinical Child and Adolescent Psychology, 39*, 51-63. doi: 10.1080/15374410903401096
- Woodhouse, S. S.**, Dykas, M. J., & Cassidy, J. (2009). Perceptions of secure base provision within the family. *Attachment and Human Development, 11*, 47-67. doi: <http://dx.doi.org/10.1080/14616730802500792>
- Woodhouse, S. S.**, & Gelso, C. J., (2008). Volunteer client adult attachment, memory for in-session emotion, and mood awareness: An affect regulation perspective. *Journal of Counseling Psychology, 55*, 197-208. doi: <http://dx.doi.org/10.1037/0022-0167.55.2.197>
- Dykas, M. J., **Woodhouse, S. S.**, Cassidy, J., & Waters, H. S. (2006). Narrative assessment of attachment representations: Links between secure base scripts and adolescent attachment. *Attachment and Human Development, 8*, 221-240. doi: <http://dx.doi.org/10.1080/14616730600856099>
- Woodhouse, S. S.**, Schlosser, L. Z., Crook, R. E., Ligiéro, D. P., & Gelso, C. J. (2003). Client attachment to therapist: Relations to transference and client recollections of parental caregiving. *Journal of Counseling Psychology, 50*, 395-408. doi: 10.1037/0022-0167.50.4.395
- Knox, S., Goldberg, J. L., **Woodhouse, S. S.**, & Hill, C. E. (1999). Clients' internal representations of their therapists. *Journal of Counseling Psychology, 46*, 244-256. doi: <http://dx.doi.org/10.1037/0022-0167.46.2.244>

### Edited Articles Published in Non-Refereed Journals

Note: \* = student author from previous institution; \*\* = student author from Lehigh University

- Woodhouse, S. S.** (2009). Engaging underrepresented, underserved communities in psychotherapy-related research: Notes from a multicultural journey. *Psychotherapy Bulletin, 44*, 10-13.
- Woodhouse, S. S.** (2009, July). The role of client attachment in the process of individual psychotherapy with adults. *Division of Psychotherapy E-News*. Retrieved from <http://www.divisionofpsychotherapy.org/woodhouse-2009/>. [Research Review]

\*Hardy, J., & **Woodhouse, S. S.** (2008, May). How we say goodbye: Research on Psychotherapy Termination. *Division of Psychotherapy E-News*. Retrieved from <http://www.divisionofpsychotherapy.org/hardy-and-woodhouse-2008/>. [Research Review]

**Woodhouse, S. S.**, Schlosser, L. Z., Crook, R. E., Ligiéro, D. P., & Gelso, C. J. (2002). Attachment and psychotherapy relationship: Client attachment to the therapist and transference. *Psychotherapy Bulletin*, 37, 37-38. [Research Abstract]

Mohr, J. J., & **Woodhouse, S. S.** (2001). Looking inside the therapeutic alliance: Assessing clients' visions of helpful and harmful psychotherapy. *Psychotherapy Bulletin*, 36, 15-16. [Research Abstract]

### Book Review

**Woodhouse, S. S.** (2009). [Review of the book *Handbook of Attachment: Theory, Research and Clinical Applications*, edited by J. Cassidy & P. R. Shaver]. *The Behavior Therapist*, 32, 186-188. Retrieved from <http://search.proquest.com/docview/742991639?accountid=13158>

### Working Papers

*Note: \* = student author from previous institution; \*\* = student author from Lehigh University*

Teti, L. O., Henry-Harris, C., Merrick, G., Paige, L. R., Perry-Smith, R., Witherspoon, D. P., **Woodhouse, S. S.**, & Buss, K. A. (under review). "It circles around": A new model for community-university research partnerships to promote healthy child development.

\*Radziwon, C., & **Woodhouse, S. S.** (under revision). *Attachment and adolescent intentions to seek counseling: Coping and distress as mediators.*

\*\*Admoni, N., & **Woodhouse, S. S.** (in preparation: data collected and analyzed). *Maternal sensitivity and patterns of infant respiratory sinus arrhythmia and infant distress in response to maternal engagement and disengagement.*

\*\*Pila, S., & **Woodhouse, S. S.** (in preparation: data collected and analyzed). *Quantifying young women's best and worst hookup experiences.*

\*\*Lauer, M., & **Woodhouse, S. S.** (in preparation: data collected and analyzed). *Infant Behavioral Reactivity, Stress Response, and Socio-Emotional Functioning: A multi-systemic analysis of infant stress reactivity.*

\*\*Codos, S., & **Woodhouse, S. S.** (in preparation: data collected and analyzed). *Attachment and the advisory relationship in counseling psychology training programs.*

**Woodhouse, S. S.**, Sibrava, N. J., Borkovec, T., & Cassidy, J. (in preparation: data collected and analyzed). *Attachment in adults with generalized anxiety disorder (GAD): Comparisons with post-treatment GAD clients, adults with major depression, and non-anxious, non-depressed controls.*

**Woodhouse, S. S.**, \*Effrig, J. C., \*\*Beeney, J. R. S., Cooper, G., Hoffman, K. T., & Powell, B. (in preparation: data collected and analyzed). *A systematic comparative case approach to mechanisms of change in parent psychotherapy*.

Mohr, J. J., & **Woodhouse, S. S.** (in preparation: data collected and analyzed). *Development and validation of the Client Therapy Priorities Q-Sort: Differential patterns and common factors*.

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## HONORS AND AWARDS

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**Ruth L. Kirschstein National Research Service Award (NRSA), Individual Post-Doctoral Fellowship**. National Institute for Child Health and Development (NICHD)/National Institutes of Health (NIH). *Attachment and Process in Intervention Outcome*, August, 2004-August 2005.

**Donald K. Freedheim Award** (a national student research award in the area of psychotherapy research) offered by APA Division 29, Psychotherapy, 2002

**Distinguished Teaching Assistant**, Center for Teaching Excellence, Undergraduate Studies, and the Graduate School of the University of Maryland, 2001-2002.

**Bruce Fretz Award for Counseling Psychology Research**, Counseling Psychology Program, University of Maryland, 2001.

**Solnit Fellow, ZERO TO THREE: National Center for Infants, Toddlers, and Families**, 1999-2000 (a major award in the area of infants and family)

**Graduate School Fellowship**, University of Maryland, 1996-1998

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## RESEARCH FUNDING

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### Competitively Awarded Research Grants

Dates: 3/1/2012 – 2/28/2018

Title: *Caregiving, Attachment, and Regulation of Emotion (CARE)*

R01HD068594

Funding Source: NIH, NICHD

This study challenges current paradigms for studying precursors of attachment by examining the relative predictive validity of two competing conceptualizations of maternal caregiving in predicting later infant attachment. Additionally, the proposed research will use a longitudinal design with a racially and ethnically diverse, urban, low-SES sample to examine the relative predictive utility of competing conceptualizations of maternal caregiving in predicting infant stress reactivity (as indexed by cortisol and alpha-amylase), physiological indicators of emotion regulation (i.e., vagal tone), and behavioral problems (e.g., internalizing and externalizing problems), so as to better understand links between caregiving and later emotion regulation. Finally, in order to better understand the correlates of maternal caregiving behavior, we will examine the role of maternal stress reactivity and maternal physiological regulation in caregiving. The ultimate goal of the project is to address critical gaps in research that have impeded efforts to improve intervention and address mental health disparities for diverse, urban, low-SES infants.

Amount: \$2.3 million

Role/Contribution: Principal Investigator

Collaborators: Grace Caskie (Lehigh University), Kristin Buss (Pennsylvania State University), Doug Teti (consultant, Pennsylvania State University), Elizabeth Skowron (consultant, University of Oregon)

Dates: June 2007-2012

Title: *Child Maltreatment, Parenting Processes, and Emotion Regulation*  
(5R01 MH079328)

Funding Source: NIH, NIMH

This grant provides funding to examine patterns of interactive synchrony, rupture, and repair in interactions between maltreating mothers and their preschool children. The goal of the study is to investigate contributions of mother-child interaction to the development of child self-regulatory and behavioral outcomes.

Amount: \$1,600,000

Role/Contribution: Co-investigator (5% Effort) (PI: Elizabeth A. Skowron)

Dates: August, 2004-August, 2005

Title: *Attachment and Process in Intervention Outcome*

Funding Source: National Institutes of Health, National Institute for Child Health and Development Ruth L. Kirschstein National Research Service Award, Individual Post-Doctoral Fellowship (NRSA Individual Postdoctoral Fellowship).

This grant provided funding for one year of my post-doctoral fellowship at the University of Maryland. The goal of the project funded was to investigate the roles of maternal attachment and psychotherapy process in explaining differential outcomes of a brief, attachment-based intervention with low-income mothers and their irritable infants. (Postdoctoral Mentor: Jude Cassidy)

Amount: \$41,976

Role/Contribution: Principal Investigator

### **Non-Competitive Research Grants**

Dates: 7/10/2018-07/09/2020

Title: Pilot Testing a Home Visiting Version of Circle of Security-Parenting (COS-P)

Funding Source: Circle of Security International (Donors)

This pilot study is a collaboration with Capital Area Early Head Start (EHS) to test the acceptability of a home visiting version of the COS-P parenting support intervention for parents of infants under 3 years old.

Amount: \$22,000

Role/Contribution: PI

Dates: 4/7/2016 – 8/30/2019

Title: *An Integrated School Readiness Intervention Program*

Funding Source: Anne and Michael Golden (Donors)

This is a community-engaged pilot study on the development, implementation, and evaluation of an integrated school readiness intervention program to be conducted in community schools for preschoolers transitioning to Kindergarten and their parents.

Amount: \$50,000

Role/Contribution: Co-PI (focus on parenting intervention), with Robin Hojnoski (focus on early numeracy), Peggy Kong (focus on understanding community and systems), Brook Sawyer (focus on early literacy), and Brenna Wood (focus on special education)

### **Institutional/equipment grants**

Dates: 11/8/2017– 2/28/18

Title: *Coding of Mother-Infant Interactions to Enhance Examination of a New Approach to Examining Links between Maternal Caregiving and Infant Attachment*

Funding Source: Lehigh University, FRG

This research focuses on testing a novel approach in conceptualizing and assessing maternal caregiving (i.e., maternal secure base provision), as compared to the traditional method of assessing maternal caregiving (i.e., maternal sensitivity). The funding allows for coding of a total of 83 cases of mother-infant interactions (plus 20% double coded to assess inter-rater reliability, for a total of 100 cases).

Amount: \$5140

Role/Contribution: PI

Dates: 7/1/2017-6/30/2018

Title: *Pilot Testing a Home Visiting Version of the Circle of Security-Parenting (COS-P) Intervention with Parents of Preschool Children*

Funding Source: Lehigh University, CORE

This is a pilot study of the Circle of Security-Parenting (COS-P) Intervention provided in a home visiting format to parents of infants in Early Head Start programs. A home visiting format was selected to promote ease of parent participation and parent engagement. COS-P is a 8-week, attachment-based, parenting support intervention.

Amount: \$60,000

Role/Contribution: PI (with Amanda Brandone, Co-I)

Dates: 10/24/2016 – 11/30/17

Title: *Talk, Touch, and Listen Pilot Study: Making Parenting Interventions More Culturally Specific and Culturally Relevant*

Funding Source: Lehigh University, FRG

This is a pilot study of the Talk, Touch, and Listen (TTL) intervention, which is an 8-week, parenting support, group intervention that focuses on building positive parent-child relationships by (1) supporting positive hair combing interactions, (2) exploring African American experiences with racism and colorism, and (3) engaging African American parents in peer and community support. The proposed pilot study has four aims: (1) to obtain feedback from parents about satisfaction with and experience of TTL, (2) to gather preliminary data on parenting and child outcomes in order to refine and further develop the program, (3) to understand how hair combing interactions may be influenced by outside factors that can affect any parent such as stress, the parent's memories of their hair combing experiences, or memories and old stereotypes about "good" hair or dark or light skin color and, (4) to better understand parents' experiences of colorism (i.e., experiences of certain skin tones or hair types being more valued than others).

Amount: \$6000

Role/Contribution: PI

Dates: 6/1/2014-08/31/2017

Title: *Community Engagement in Research to Promote Positive Parenting and Child Behavior: Integrating Mental Health and the Circle of Security-Parenting Intervention*

Funding Source: Lehigh University

The study has two aims: (a) to build community parents' engagement in research through community outreach events that will provide psycho-education about mental health issues and information about available mental health resources and (b) to conduct a preliminary evaluation of the effectiveness of a 10-week, attachment-based parenting intervention program (Circle of Security-Parenting; COS-P) in terms of a number of child and parent outcomes (e.g., child behavior problems; parent self-efficacy, stress, attributions, and mental health).



Amount: \$25,000

Role/Contribution: Principal Investigator

Dates: 6/1/2014-5/31/2016

Title: *Multidisciplinary and Community Partnership to Develop Mobile Applications for Enhancing the Provision of Home Visiting to Young Children who Experience Poverty*

Funding Source: Lehigh University

First, the study aims to develop mobile applications for Early Head Start and Head Start that would enable accurate and user-friendly monitoring via tablet devices of the integrity with which home visitors provide interventions to parents of children from birth to 5 years of age. In addition to developing mobile applications, data mining procedures will be developed to select and apply integrity data that will be presented as performance feedback during home visitor supervision. Second, we will pilot test operation of the mobile applications, data mining procedures, and utilization of integrity data to formulate and provide performance feedback in supervision. Three months of pilot testing will be done with two home visitors, one representing Early Head Start and a second representing Head Start. Finally, benefits of using the mobile applications will be evaluated by assessing acceptability and satisfaction in supervisors, home visitors, and families involved in the pilot.

Amount: \$60,000

Role/Contribution: Co-Investigator (my role is to focus on use of the data to improve supervision)

Collaborators: Patti Manz (Principal Investigator), L. Brook Sawyer (Co-I), Mooi Choo Chuah (Co-I), Daniel Lopresti (Co-I)

Dates: 2012-2013

Title: *Health literacy in parents of low-SES, minority group school-age children with ADHD*

Funding Source: Research Initiation Grant Program, College of Education, Pennsylvania State University

The goal of this project is to use a focus group methodology to gather pilot data related to parent health literacy in parents of low-SES school-age children with attention deficit hyperactivity disorder (ADHD).

Results of the pilot study will be used to support a later R01 grant to be submitted to NIMH for a program announcement related to improving health literacy.

Amount: \$8304

Role/Contribution: Co-investigator (PI: Esther Prins)

Dates: 2012-2013

Title: *Health literacy in parents of low-SES, minority group school-age children with ADHD*

Funding Source: The Pennsylvania State University, Children, Youth, and Families Consortium

The goal of this project is to use a focus group methodology to gather additional pilot data related to parent health literacy in parents of low-SES school-age children with attention deficit hyperactivity disorder (ADHD). Results of the pilot study will be used to support a later R01 grant to be submitted to NIMH for a program announcement related to improving health literacy.

Amount: \$5,000.

Role/Contribution: Co-investigator (PI: Esther Prins)

Dates: 2011-2012

Title: *Child Anxiety Intervention Development Using a Community-Based Participatory Research (CBPR) Methodology*

Funding Source: The Pennsylvania State University, Children, Youth, and Families Consortium

This grant provided funding to conduct a community-based participatory research project in Harrisburg, PA. The study used CBPR methodology to tailor existing evidence-based preventive interventions to develop a culturally appropriate intervention for parents of children with anxiety or fear symptoms. The study did not include testing of the intervention or development of the intervention training materials.

This intervention will be used in a later large randomized controlled study (R01) of an intervention for extremely fearful preschoolers.

Amount: \$5,118

Role/Contribution: Co-Investigator (5% effort) (PI: Kristin Buss).

Dates: January, 2009-2010 (extended to 2012)

Title: *Development of Sustainable Community Based Participatory Research on Healthy Socioemotional Development.*

Funding Source: The Pennsylvania State University, Children, Youth, and Families Consortium

This grant provided funding to conduct a community-based participatory research project in Harrisburg, PA. The research focus is on strength-based factors that contribute to reduced risk of developing anxiety symptoms in African American toddlers.

Amount: \$20,000

Role/Contribution: Co-Principal Investigator (with Kristin Buss and Lauren Teti [Psychology Department], Pastor Brenda Alton and Robin Perry-Smith [Community Partners])

Dates: 2007-2012

Title: *Development of the Harrisburg Infant and Child Development Lab*

Funding Source: The Pennsylvania State University, Children, Youth, and Families Consortium

This grant provided funding for a multidisciplinary, shared research lab in Harrisburg for Penn State investigators interested in infant and child development. The grant provides funding for infrastructure (observational lab space), a community participant database, recruiter/research coordinator, and establishment of the African American Community Task Force.

Amount: \$90,005

Role/Contribution: Co-Investigator (PI: Kristin Buss)

Dates: July, 2006-2008 (extended to 2011)

Title: *Mother and Infant Emotion Regulation and Stress during Infant Distress: Links to Maternal Behavior*

Funding Source: Penn State Children, Youth, and Families Consortium

This grant provides funding for a pilot project that examines links between a number of maternal factors (maternal emotion regulation, stress reactivity, attachment representations, and caregiving behavior) and infant emotion regulation and stress reactivity at 4.5-6 months.

Amount: \$19,990.22 + \$2500 addendum = \$22,490.22

Role/Contribution: Principal Investigator

Dates: October, 2006-2011

Title: *The Role of Maternal Emotion Regulation in the Development of Infant Attachment and Infant Emotion Regulation*

Funding Source: Research Initiation Grant Program, College of Education, Pennsylvania State University

This grant provided funding to add a longitudinal component to the pilot project mentioned above (*Mother and Infant Emotion Regulation and Stress during Infant Distress: Links to Maternal Behavior*). Addition of the longitudinal component allows for assessment of infant attachment and emotion regulation outcomes at 12 months.

Amount: \$8915.69

Role/Contribution: Principal Investigator

Dates: March, 2007-2008

Title: *Establishing Validity of the Secure Base Provision Measure and Coding of Pilot Data*

Funding Source: Penn State Children, Youth, and Families Consortium

This grant provided funding to partially support a graduate assistant to code videotaped interactions using the Secure Base Provision observational coding system I developed. The goal was to provide support for the validity of this new measure so that it could be included in a larger external grant proposal.

Amount: \$15,222

Role/Contribution: Principal Investigator

Dates: June, 2006

Title: *Heart Rate and Heart Rate Variability as Physiological Measures of Emotion Regulation and Attention for Studies of Children and Families: Development of Resources*

Funding Source: Penn State Children, Youth, and Families Consortium

This grant provided funding to purchase Mindware equipment for ambulatory measurement of heart rate variability data in order to build infrastructure in Harrisburg for research on children and families. This equipment is now part of the Penn State Parents and Children Together (PACT) lab in Harrisburg.

Amount: \$13,914.55 + \$5,500 Addendum = \$19,414.55

Role/Contribution: Principal Investigator

Dates: June, 2006

Title: *Laying the Foundation for Development of an Interdisciplinary Grant Proposal on Mother and Infant Emotion Regulation During Times of Infant Distress*

Funding Source: Penn State Children, Youth, and Families Consortium

This grant provided funding to investigate feasibility of conducting an externally funded study on infants and families either in Centre County and the surrounding regions or in the city of Harrisburg. The focus of the study was on building relationships with potential recruitment sites, surveying how many families could be recruited at each of the potential sites, and evaluating the available options in each area so as to make a decision about where the larger study should be conducted.

Amount: \$2829.33

Role/Contribution: Principal Investigator

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## EDITORIAL REVIEW BOARD MEMBERSHIPS

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Associate Editor, *Infant Mental Health Journal*, 2019-present

Editorial Board, *Attachment and Human Development*, 2020-present

Editorial Board, *The Counseling Psychologist*, 2013-present

Editorial Board, *Psychotherapy*, 2009 to 2013, January 2015-present

Editorial Board, *Journal of Psychotherapy Integration*, March 2016-present

Editorial Board, *Journal of Counseling Psychology*, 2007 to 2011

Guest Editor, *In Session*.

- Special Issue on Attachment-Based Interventions with Families of Young Children, 2018

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## AD HOC REVIEWING EXPERIENCE

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Note: \* = Ad hoc reviewing experience in 2019

*American Journal of Orthopsychiatry*

*American Psychologist*

*Attachment and Human Development*

*Child Development*

*Developmental Psychobiology*  
\**Developmental Psychology*  
*Infancy*  
*Infant and Child Development*  
*Infant Mental Health Journal*  
*International Journal of Behavior Development*  
*Journal of Abnormal Child Psychology*  
*Journal of Applied Developmental Psychology*  
*Journal of Child Psychology and Psychiatry*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Contemporary Psychotherapy*  
*Journal of Counseling Psychology*  
*Journal of Experimental Child Psychology*  
*Journal of Experimental Psychology: General*  
*Journal of Family Psychology*  
*Journal of Personality and Social Psychology: Personality Processes and Individual Differences*  
*Journal of Social and Personal Relationships*  
*Merrill-Palmer Quarterly: A Journal of Developmental Psychology*  
\**Psychological Review*  
\**Psychotherapy Research*  
*Psychotherapy*  
*Social Development*  
\*Cambridge University Press  
Guilford Press  
Elsevier Press  
Social Sciences and Humanities Research Council of Canada, Grant Reviewer

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## SCHOLARLY PRESENTATIONS

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### Invited Presentations

- Woodhouse, S. S.** (2018, January). *The CARE Project – Caregiving, attachment, and regulation of emotion: Links between maternal sensitivity and infant physiological regulation*. Research presentation presented for the Northeast Pennsylvania Association of Infant Mental, Bethlehem, Pennsylvania.
- Woodhouse, S. S.** (2017, January). *Enhancing school readiness by strengthening parenting: Building child emotion regulation and executive functioning*. Research presentation presented for the School Study Council, Lehigh University, Bethlehem, Pennsylvania.
- Woodhouse, S. S.** (2015, October). *Secure base provision: A new approach to understanding what matters most in maternal caregiving for later infant attachment*. Research presentation and workshop presented for the Northeast Pennsylvania Association for Infant Mental Health, Allentown, Pennsylvania.
- Woodhouse, S. S.** (2015, September). *Engaging parents: Supporting the parent-child relationship to promote emotion regulation and school readiness*. Professional Development Workshop presented as a part of Innovations in Early Development and Education: Bridging Research to

Practice offered by the Early Development and Education Research Initiative at Lehigh, University.

**Woodhouse, S. S.** (2015, April). *The importance of the parent-child connection*. Research presentation and workshop presented for the 2015 Leading to Employment and Career Training (ELECT) Statewide Conference of the Pennsylvania Department of Education, Harrisburg, Pennsylvania.

**Woodhouse, S. S.** (2013, August). *Reflecting on relationships: Being a relationship-based organization*. Workshop presented for Community Services for Children, Allentown, Pennsylvania.

**Woodhouse, S. S.** (2013, April). *Building relationships to study relationships—Engaging diverse communities in attachment research: The Case of CARE*. Paper presented at the Society for Research in Child Development (SRCD) Preconference on Attachment, Seattle, Washington.

### Refereed presentations

*Note: \* = student author from previous institution; \*\* = student author from Lehigh University*

*Note: Presenters are underlined if presenter is not simply the first author listed*

**\*\*Jog, M. & Woodhouse, S. S.** (2020, August). Maternal attachment styles, psychological distress and parenting in a distress context. In S. Woodhouse (Chair), *Sensitive Parenting of Infants in Distress or Non-Distress within Diverse, Low-Income Families*. Symposium to be conducted at the annual meeting of the American Psychological Association, Washington, DC.

**\*\*Dai, C. & Woodhouse, S. S.** (2020, August). Maternal vagal regulation and maternal sensitivity to infant distress using a person-centered approach. In S. Woodhouse (Chair), *Sensitive Parenting of Infants in Distress or Non-Distress within Diverse, Low-Income Families*. Symposium to be conducted at the annual meeting of the American Psychological Association, Washington, DC.

**\*\*Kim, M. & Woodhouse, S. S.** (2020, August). Maternal sensitivity to non-distress and infant attachment: Infant vagal regulation as a moderator. In S. Woodhouse (Chair), *Sensitive Parenting of Infants in Distress or Non-Distress within Diverse, Low-Income Families*. Symposium to be conducted at the annual meeting of the American Psychological Association, Washington, DC.

**Woodhouse, S. S.** (2020, August). Effective therapist characteristics with rural and low-SES populations. In S. Woodhouse (Chair), *Addressing Classism and other Barriers to Psychotherapy for People Living in Poverty*. Symposium to be conducted at the annual meeting of the American Psychological Association, Washington, DC.

**Woodhouse, S. S., Scott, J. R., Hepworth, A., & Cassidy, J.** (2019, March). *Secure base provision: A new approach to examining links between maternal caregiving and infant attachment*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Baltimore, Maryland.

- \*\*Jog, M. & Woodhouse, S. S. (2019, March). Maternal attachment styles, psychological distress and parenting in a distress context. In S. Woodhouse (Chair), *Adult attachment style: Implications for parenting behavior and child outcomes*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Baltimore, Maryland.
- \*\*Admoni, N., & Woodhouse, S. S. (2019, March). *Maternal sensitivity predicts trajectories of infant respiratory sinus arrhythmia across maternal engagement and disengagement*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Baltimore, Maryland.
- \*\*Dai, C. & Woodhouse, S. S. (2019, March). *Maternal perceived control over caregiving, exposure to community violence, and sensitivity towards her infant*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Baltimore, Maryland.
- \*\*Lauer, M. & Woodhouse, S. S. (2019, March). *Simultaneous consideration of the SNS (alpha-amylase) and HPA (cortisol) in 6-month-old infants' response to stress*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Baltimore, Maryland.
- \*\*Lauer, M. & **Woodhouse, S. S.** (2018, June). Individual differences in infant stress reactivity: Identifying homogenous subgroups. In N. Mani (Chair), *Modeling and interpreting individual differences*. Flash talk session presented at the biennial meeting of the International Congress of Infant Studies, Philadelphia, Pennsylvania.
- \*\*Jog, M. & **Woodhouse, S. S.** (2018, June). The role of attachment anxiety and avoidance in predicting sensitivity during a still face (distress) task. In N. Mani (Chair), *Modeling and interpreting individual differences*. Flash talk session presented at the biennial meeting of the International Congress of Infant Studies, Philadelphia, Pennsylvania.
- \*\*Dai, C., & **Woodhouse, S. S.** (2018, June). *Maternal perceived control, maternal RSA suppression, and sensitive parenting*. Poster session presented at the biennial meeting of the International Congress of Infant Studies, Philadelphia, Pennsylvania.
- Woodhouse, S. S.** & \*\*Jog, M. (2017, July). Engaging underserved communities in psychotherapy via groups offered within the schools. In J. Zimmerman (Chair), *Bringing psychotherapy to underserved communities: Research, approaches and the future*. Symposium presented at the World Congress of Psychotherapy Research, Paris, France.
- Woodhouse, S. S.**, \*Beeney, J. R. S., \*Doub, A. E., & Cassidy, J. (2017, June). *Secure base provision: A new approach to links between maternal caregiving and attachment*. In *New developments in the prediction, assessment, and mapping of attachment across the lifespan*. Symposium presented at the biennial International Attachment Conference, London, England.
- \*\*Lauer, M., & **Woodhouse, S. S.** (2017, June). Maternal sensitivity and depression as predictors of infant's salivary alpha amylase levels in response to a stressor task. In K. Bernard (Chair), *Psychophysiology of mothers and infants: Novel perspectives on maternal sensitivity*. Symposium presented at the biennial International Attachment Conference, London, England.
- \*\*Admoni, N., & **Woodhouse, S. S.** (2017, June). Maternal sensitivity and trajectories of infant respiratory sinus arrhythmia across the Still Face Paradigm. In K. Bernard (Chair),

*Psychophysiology of mothers and infants: Novel perspectives on maternal sensitivity.* Symposium presented at the biennial International Attachment Conference, London, England.

- \*\*Jog, M., **Woodhouse, S. S.**, \*\*Kim, M. (2017, June). Links between maternal attachment styles and components of maternal sensitivity in distress and low-distress contexts. In J. A. Stern & J. Cassidy (Chairs), *Adult attachment style: Implications for parenting behavior and child outcomes*. Symposium presented at the biennial International Attachment Conference, London, England.
- \*\*Lauer, M., **Woodhouse, S. S.**, \*\*Jog, M., \*\*Kim, M., & Cassidy, J. (2017, June). *Links between client adult attachment style and client perceptions of working alliance and group engagement*. Paper presented at the Annual Meeting of the Society for Psychotherapy Research, Toronto, Canada.
- Woodhouse, S. S.**, & \*\*Dai, C. (2017, April). Maternal cortisol: Links to concurrent maternal sensitivity and later infant attachment. In M. Steele & H. Steele (Chairs), *A look at attachment from 'under the skin': Cortisol, ANS reactivity, EEG responses and telomere length*. Symposium conducted at the biennial meeting of the Society for the Research in Child Development, Austin, Texas.
- Cassidy, J., Gross, J., Brett, B., Stern, J., Martin, D., Mohr, J. J. & **Woodhouse, S. S.** (2017, April). Circle of Security – Parenting: A randomized controlled trial within Head Start. In L. Berlin (Chair), *Community implementation of attachment-based interventions: New frontiers*. Symposium conducted at the biennial meeting of the Society for the Research in Child Development, Austin, Texas.
- \*\*Lauer, M., \*\*Jog, M., \*\*Kim, M., **Woodhouse, S. S.**, & Cassidy, J. (2017, April). *Adult attachment style and group engagement in an attachment-based parenting intervention*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Austin, Texas.
- \*\*Admoni, N., & **Woodhouse, S. S.** (2016, August). *Maternal sensitivity and patterns of infant respiratory sinus arrhythmia across the Still Face Paradigm*. Poster session presented at the annual meeting of the American Psychological Association, Denver, Colorado.
- \*\*Pila, S., & **Woodhouse, S. S.** (2016, August). *Hookup motives as a mediator of the link between attachment style and negative reactions to hooking up*. Poster session presented at the annual meeting of the American Psychological Association, Denver, Colorado.
- Woodhouse, S. S.**, \*\*Lauer, M., \*\*Admoni, N., \*\*Kim, M., & \*\*Lee, M. (2016, May). *Maternal caregiving and infant respiratory sinus arrhythmia immediately after an episode of crying ends*. Poster session presented at the biennial meeting of the International Congress of Infant Studies, New Orleans, Louisiana.
- \*\*Admoni, N., & **Woodhouse, S. S.** (2016, May). Maternal intrusiveness and patterns of infant respiratory sinus arrhythmia in response to maternal engagement and disengagement. In M. Swingle (Chair), *Predictors of emotional regulation and dysregulation in infancy*. Symposium conducted at the biennial meeting of the International Congress of Infant Studies, New Orleans, Louisiana.
- \*\*Lauer, M., & **Woodhouse, S. S.** (2016, May). Salivary alpha-amylase reactivity to arm restraint in 6-month-old infants: Links to maternal caregiving. In A. Groh (Chair), *Maternal sensitivity to*



*infants' social and emotional cues*. Symposium conducted at the biennial meeting of the International Congress of Infant Studies, New Orleans, Louisiana.

\*\*Codos, S. L., **Woodhouse, S. S.** (2015, August). *Attachment and the advisory relationship in Counseling Psychology training programs*. Poster session presented at the annual meeting of the American Psychological Association, Washington, D.C.

Cassidy, J., Brett, B. E., Gross, J. T., Woodhouse, S. S., Powell, B., Cooper, G., & Hoffman, K. T. (2015, March). The Circle of Security-Parenting (COS-P) approach: A shift to a widely implementable model. In L. Berlin (Chair), *Translating attachment-based interventions: From university incubation to community implementation and dissemination*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Philadelphia, Pennsylvania.

Clark, C., Smith, J. D., **Woodhouse, S. S.**, & Skowron, E. A. (2014, September). *Attachment status and parasympathetic responses to the Strange Situation in mother-preschooler dyads*. Poster session presented at the annual meeting of the Society for Psychophysiological Research, Atlanta, Georgia.

**Woodhouse, S. S.** (2014, August). Building a research program as a graduate student: Getting started. In C. A. Denkla & M. Tobias (Chairs), *Research in graduate school: Why and how should I get involved?* Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.

**Woodhouse, S. S.**, \*\*Lauer, M., Beeney, J. R. S., & Cassidy, J. (2014, July). Mother-intervener relationship and the process of intervention: Links to outcome in an attachment-based, mother-infant home visiting intervention. In J. Ablow (Chair), *Parent research in the news*. Symposium conducted at the biennial International Conference on Infant Studies, Berlin, Germany.

**Woodhouse, S. S.**, \*\*Lauer-Larrimore, M., \*\*Hollander, T., \*\*Jog, M., & \*\*Billings, K. (2014, July). *A systematic case comparison of eye contact and mutual gaze in secure vs. insecure mother-infant dyads in naturalistic interactions*. Poster presented at the biennial International Conference on Infant Studies, Berlin, Germany.

Toso, B. W., Prins, E. S., \*Campbell, K., Schaefer, B., Witherspoon, D. P., & **Woodhouse, S. S.** (2014, June). *"You have to be proactive with your child's health": Learning and health literacy among caregivers of children with ADHD*. Paper presented at the annual Adult Education Research (AERC) Conference, Harrisburg, Pennsylvania.

Witherspoon, D., **Woodhouse, S. S.**, \*\*Davis, D., \*Campbell, K., Huang-Pollock, C., Prins, E., Schaefer, B., & Toso, B. (2014, April). Considering culture in ADHD treatment for African American, lower SES families: Using community engaged research to develop practice. In D. Witherspoon & **S. S. Woodhouse (Chairs)**, *Community-based/engaged research to develop programs that successfully attend to demographic and racial-ethnic diversity*. Symposium conducted at the 2014 Society for Research in Child Development Special Topic Meeting: Strengthening Connections Among Child and Family Research, Policy, and Practice, Alexandria, Virginia.

Buss, K. A., Alton, B., Bryant, C., Perry-Smith, R., Teti, L., Witherspoon, D., **Woodhouse, S. S.**, Breland-Noble, A. (2014, April). Development of a community-engaged intervention to reduce anxiety in underserved African American children. In D. Witherspoon & **S. S. Woodhouse (Chairs)**, *Community-based/engaged research to develop programs that successfully attend to*



*demographic and racial-ethnic diversity*. Symposium conducted at the 2014 Society for Research in Child Development Special Topic Meeting: Strengthening Connections Among Child and Family Research, Policy, and Practice, Alexandria, Virginia.

- Woodhouse, S. S.,** \*Effrig, J. C., \*\*Beeney, J. R. S., Cooper, G., Hoffman, K. T., & Powell, B. (2013, August). *A systematic comparative case approach to mechanisms of change in parent psychotherapy*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Woodhouse, S. S.,** \*\*Beeney, J. R. S., & \*\*Larrimore, M. (2013, April). *Attachment-related differences in both mother and infant emotion regulation and stress reactivity*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Seattle, Washington.
- Woodhouse, S. S.,** \*Effrig, J. C., \*Beeney, J. R. S., Cooper, G., Hoffman, K. T., & Powell, B. (2012, June). A systematic comparative case study of a successful vs. an unsuccessful parent psychotherapy: Factors related to change. In R. Meganck, M. Desmet, & M. J. Horowitz (Chairs), *Systematic single case studies as a royal way to insight in change mechanisms*. Symposium conducted at the annual meeting of the Society for Psychotherapy Research, Virginia Beach, Virginia.
- Woodhouse, S. S.,** \*Effrig, J. C., \*Beeny, J. R. S., \*McCadney, A. E., & Cassidy, J. (2011, September). Psychotherapy process and relationship in the context of a brief, attachment-based, mother-infant intervention: Links to outcome. In S. Woodhouse (Chair), *Attachment and psychotherapy relationship*. Symposium conducted at the annual meeting of the North American Society for Psychotherapy Research, Banff, Canada.
- Woodhouse, S. S.,** & \*Beeney, J. R. S. (2011, March). *Maternal attachment, perceived infant intentionality, secure base provision behavior and emotion regulations: Links with maternal secure base scripts*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Montreal, Canada.
- Woodhouse, S. S.,** Sibrava, N. J., Wix, R., Cassidy, J., & Borkovec, T. (2010, August). An attachment perspective on generalized anxiety disorder and psychotherapy outcome. In S. Woodhouse (Chair), *Attachment and treatment outcomes*. Symposium conducted at the annual meeting of the American Psychological Association, San Diego, California.
- Dykas, M. J., Ehrlich, K. B., **Woodhouse, S.,** & Cassidy, J. (2010, May). *Adolescent attachment is linked to adolescents' and mothers' reconstructive memory for conflict*. Paper presented at the annual meeting of the Association for Psychological Science Annual Convention, Boston, Massachusetts.
- Ehrlich, K. B., \*Effrig, J. C., **Woodhouse, S. S.,** & Cassidy, J. (2010, March). *Expectations of future romantic relationships: Contributions of the parents' marriage and adolescent perceptions of parenting*. Poster session presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, Pennsylvania.
- Woodhouse, S. S.,** & Cassidy, J. (2009, August). *Development of a culturally appropriate parenting assessment: Implications for prevention*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, Canada.

- Cassidy, J., **Woodhouse, S. S.**, Stupica, B. S., Sherman, L. J., Ziv, Y., & Lejuez, C. (2009, April). Infant irritability and maternal adult attachment as moderators of a home visiting intervention in a randomized controlled study. In S. S. Woodhouse & L. Berlin (Chairs), *Adult attachment and reflective functioning as moderators of early intervention efficacy*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- Dykas, M. J., Cassidy, J., & **Woodhouse, S. S.** (2009, April). Rejection sensitivity in adolescence: The role of attachment behavior and representations. In K. Ehrlich & J. Cassidy (Chairs), *Fear of social rejection in adolescence: Physiological, behavioral, and relationship processes*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- Dykas, M. J., Cassidy, J., & **Woodhouse, S. S.** (2009, April). *Adolescent attachment and reconstructed memories for experiences with unfamiliar peers*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- \*Hardy, J. A., & **Woodhouse, S. S.** (2008, September). *Saying goodbye: The experience of termination among short-term psychotherapy clients*. Poster session presented at the annual meeting of the North American Chapter of the Society for Psychotherapy Research, New Haven, Connecticut.
- \*Doh, M., \*Hardy, J., & **Woodhouse, S. S.** (2008, August). *The influence of acculturation and relationship styles on intentions to seek counseling among Asian university students*. Poster session presented at the annual meeting of the American Psychological Association, Boston, Massachusetts.
- Woodhouse, S. S.**, & Cassidy, J. (2008, March). *Correlates of maternal representations of and responses to infant distress: Maternal attachment and symptoms in mother and infant*. Poster session presented at the biennial meeting for the International Society on Infant Studies, Vancouver, Canada.
- Woodhouse, S. S.**, Dykas, M. J., & Cassidy, J. (2007, March). Secure base use within the family context. In E. M. Cummings (Chair). *Emotional security within the family context*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Boston, Massachusetts.
- Ramos-Marcuse, F., **Woodhouse, S. S.**, Cassidy, J., & Stupica, B. (2007, March). *Maternal depression and infant temperament: Connections with toddlers' internalizing and externalizing symptoms*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Boston, Massachusetts.
- Ramos-Marcuse, F., **Woodhouse, S. S.**, Warner, S., Babcock, K. J., & Cassidy, J. (2007, March). *Attachment as a moderator of the connection between parental psychosocial functioning and adolescent depressive symptomatology*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Boston, Massachusetts.
- Halcrow, S. R., Butler, H., **Woodhouse, S. S.**, Jernigan, L. F., & Cassidy, J. (2007, March). *Shyness, attachment, and friendship quality: Links with adolescent depression*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Boston, Massachusetts.
- Woodhouse, S. S.**, Rodenberg, M. S., Halcrow, S., & Cassidy, J. (2005, April). *Maternal representations of infant distress: Relations with maternal self-efficacy and perceptions of infant temperament*.

Poster session presented at the biennial meeting of the Society for Research in Child Development, Atlanta, Georgia.

Cassidy, J., **Woodhouse, S. S.**, Dykas, M. J., Steinberg, S., & Waters, H. S. (2005, April). Narrative assessment of attachment representations: Links between secure base scripts and adolescent attachment. In H. Steele & R. Thompson (Co-chairs), *Narrative methods and understanding children's social and emotional development*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Atlanta, Georgia.

Cassidy, J., Dykas, M. J., **Woodhouse, S. S.**, & Boldebeck, K. M. (April, 2005). The experience of loneliness in adolescence: Connections with social behavior, social acceptance, sociometric status, and friendship. In J. Cassidy & S. Asher (Co-chairs), *The emotional consequences of adverse peer relations in childhood and adolescence*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Atlanta, Georgia.

Warner, S. C., & **Woodhouse, S. S.** (2004, March). *The relation between parental functioning and adolescents' representations of their parents*. Poster session presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, Maryland.

**Woodhouse, S. S.** (2003, August). Adult attachment, mood awareness, and memory for in-session emotions. In Mallinckrodt, B. (Chair), *Expanding applications of adult attachment theory: Coping assets and deficits*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Ontario.

Cassidy, J., Ziv, Y., Rodenberg, M., & **Woodhouse, S. S.** (2003, April). *Adolescent perceptions of parents: Associations with adolescent attachment (AAI) and interactions with parents*. Paper session presented at the biennial meeting of the Society for Research in Child Development, Tampa, Florida.

**Woodhouse, S. S.** (2002, October). Adult attachment, memory for in-session emotion, and mood awareness: Preliminary data on client affect regulation in counseling. In Skowron, E. A. (Chair), *Attachment theory and psychotherapy*. Symposium conducted at the meeting of the Mid-Atlantic Chapter of the Society for Psychotherapy Research, State College, Pennsylvania.

**Woodhouse, S. S.**, & Cassidy, J. (2000, December). *The Baby Statements Questionnaire: Development of a measure of the meaning parents make of their infants' crying*. Poster session presented at the annual meeting of the Zero to Three National Training Institute, Washington, DC.

**Woodhouse, S. S.**, Schlosser, L. Z., Crook, R. E., Ligiéro, D. P., & Gelso, C. J. (2000, August). Client attachment to therapist and therapist perceptions of transference: New data. In C. J. Gelso (Chair), *Exploration of attachment phenomena and the psychotherapy relationship*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.

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## TEACHING AND RESEARCH ADVISING

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### Courses Taught

#### Undergraduate

The Pennsylvania State University:

- Relationships in Early Childhood Settings (Fall 2011)
- Independent Study: Research experience (average of 7 students per semester, range 4-10; Fall 2005-present)

University of Maryland, College Park:

- Introduction to Counseling Psychology (Fall 2000, Fall 2001)
- Adult Psychopathology (Spring 2001)

### Graduate

Lehigh University

- CPSY 472: Human Development across the Lifespan (masters and doctoral; Fall 2012, 2013, 2014)
- CPSY/SCHP 484: History and Systems of Psychology (doctoral; Spring 2013, 2015, 2017, 2019)
- CPSY 451: Helping Skills (masters and doctoral; Spring 2014, 2016)
- CPSY 442: Counseling and Therapeutic Approaches (masters and doctoral; Fall 2015, 2016, 2017)
- CPSY 466: Attachment-based Interventions (masters and doctoral, Summer 2017)
- CPSY 466: Small Groups in the Schools (masters and doctoral, Summer 2017)
- CPSY 487: Advanced Doctoral Practicum (doctoral, Fall 2017, 2018)
- CPSY 439: Group Counseling (masters and doctoral, Spring 2018, 2019, 2020)
- EDUC 402: Developmental Psychology (masters and doctoral, Spring 2018)
- CPSY 438: School Based Small Group Counseling (masters and doctoral, Summer 2018 [2 sections], Summer 2019 [2 sections])

The Pennsylvania State University

- Research Methods in Counseling Psychology/Counselor Education (doctoral)
- Research in Counseling (masters)
- Research Practicum (doctoral)
- Advanced Counseling Theory and Method (doctoral)
- Counseling Psychology Practicum (doctoral)
- Professional Issues: Ethics and History of Psychology (doctoral)
- Counselor Education Practicum (masters)

### **Advising—Research Direction**

#### **Undergraduate Honor's Thesis Advisor**

Pennsylvania State University

Teresa Fernandes

B.A., Psychology, graduated 05/08

*Calculation of interrater reliability for ratings of mothers' use of a mother-infant intervention and time spent on-topic in sessions*

#### **Doctoral Advisees**

Lehigh University

- Stephanie Codos (2012-2017)
  - Chair of dissertation: *Advisor Loss in Counseling Psychology Doctoral Students: A Qualitative Perspective*. (proposal defended October, 2015; dissertation defended July 2017)
  - Chair of qualifying research project entitled *Attachment and the Advisory Relationship in Counseling Psychology Training Programs* (completed qualifier December, 2014)
- Maria Lauer (2012-2018)

- Chair of Dissertation Committee: *Infant Behavioral Reactivity, Stress Response, and Socio-Emotional Functioning: A multi-systemic analysis of infant stress reactivity* (proposal defended in October, 2016; dissertation defended April 2018)
  - Dissertation awarded 2018 Elizabeth V. Stout Dissertation Award from the College of Education.
- Chair of qualifying research project entitled *Salivary Alpha-Amylase Reactivity to Arm Restraint in 6-Month-Old Infants: Links to Maternal Caregiving* (completed qualifier January, 2016)
- Netta Admoni (2013-2019)
  - Chair of Dissertation Committee: *Maternal Sensitivity and Patterns of Infant Respiratory Sinus Arrhythmia and Infant Distress in Response to Maternal Engagement and Disengagement* (Proposal defended October, 2017; dissertation defended April 2019)
    - Dissertation awarded 2018 Elizabeth V. Stout Dissertation Award from the College of Education.
  - Chair of qualifying research project entitled *Maternal Sensitivity and Patterns of Infant Respiratory Sinus Arrhythmia in Response to Maternal Engagement and Disengagement* (completed qualifier January, 2016)
- Stefani Pila (2013-2019)
  - Chair of Dissertation Committee: *Quantifying Young Women's Best and Worst Hookup Experiences* (Proposal defended October, 2017; dissertation defended April 2019)
  - Chair of qualifying research project entitled *Attachment, Hooking Up Motives, and College Women's Negative Reactions to Hooking Up* (completed qualifier January, 2017)
- Cheré Hunter (2017-present)
  - Chair of Dissertation Committee: *Navigating Colorism: A Qualitative Analysis Examining how African American Mothers Manage their Own and their Child's Experience of Colorism* (Proposal defended October, 2017)
- Meenal Jog (2014-present)
  - Chair of Dissertation Committee: *Secure Base Script Knowledge and Vagal Regulation as Predictors of Maternal Sensitivity to Distress* (Proposal defended October, 2018)
  - Chair of qualifying research project entitled *Maternal Attachment Styles and Maternal RSA as Predictors of Maternal Sensitivity to Infant Distress* (completed qualifier January, 2018)
- Taryn Hollander (2014-present)
  - Chair of qualifying research project entitled *Maternal Depression, Maternal Vagal Withdrawal, and Later Infant Disorganized Attachment* (completed qualifier January, 2020)
- Monica Kim (2015-present)
  - Chair of qualifying research project entitled *Infant Vagal Regulation as a Moderator of the Link between Maternal Sensitivity and Infant Attachment during a Nondistressed Free Play Interaction* (completed qualifier January, 2019)
- Chenchen Dai (2017-present)
  - Chair of qualifying research project entitled *Maternal Perceived Control and Sensitive Parenting: The Moderation Effect of Maternal Vagal Regulation* (completed qualifier January, 2020)
- Katherine Melo (2019-present)
- Chrismerli Rodriguez (2019-present)
  - Chair of qualifying research project entitled *Factors Linked to Mexican Mothers' Decision to Vaccinate their Daughters*

Pennsylvania State University

Christopher Radziwon

*Help-seeking intentions in adolescents: Links to attachment, distress, and coping*

graduated 08/09

Jenny Chang	graduated 05/09
<i>The relationship between perfectionism and psychosocial and emotional adjustment among individuals with disabilities</i>	
Jennifer Hardy	graduated 08/10
<i>Client attachment to the therapist: The roles of client and psychotherapist general attachment and client perceptions of interpersonal behaviors</i>	
MinJung Doh	graduated 8/11
<i>The experiences of Korean early arrived international students (EA-I students) and recently arrived international students (RA-I students): A comparison of attachment styles, acculturation, psychological distress, loneliness, and resilience</i>	
Kamaria Smith	graduated 8/12
<i>The relationship between attachment, coping, and psychological distress in a sample of adolescent females in foster care</i>	
Marie Land	graduated 8/12
<i>Rumination as a mediator of the link between attachment anxiety and psychological distress</i>	

### Member of Doctoral Committee

#### Pennsylvania State University

- Carson Hamm, Counseling Psychology graduated 8/09
- Jocelyn Williams, Counseling Psychology graduated 5/09
- Natalie DePalma, Counseling Psychology graduated 8/10
- Elizabeth Reitz, Clinical (Child) Psychology graduated 5/10
- Mark Patishnock, Counseling Psychology graduated 8/12
- Charlene Chester, Developmental Psychology graduated 8/12
- Jessica Effrig, Counseling Psychology graduated 8/14
- Rubyna Abbey (Chair: Kathy Bieschke; I was the chair when the student defended the proposal and worked with the student to the completion of the dissertation): *Racial color-blindness and interracial relationship outcomes* graduated 12/14
- Julie R. Scott (Chair: Kathy Bieschke; I was the chair when the student defended the proposal and worked with the student to the completion of the dissertation, which was based on data from my CARE lab). *Maternal sensitivity to infant distress: Examining potential predictors in a low-income sample.* graduated 8/19

#### Lehigh University

- Jodi Bremer-Landau, Counseling Psychology (Chair: Grace Caskie): *Gender as a moderator of the relations between trauma, PTSD, and alcohol use disorders among young adults* (proposal defended October, 2012; dissertation defended June, 2014).
- Michele Vella, Counseling Psychology (Chair: Grace Caskie): *Fat, muscles, and medicine: Body image of racial/ethnic minority heterosexual males living with HIV/AIDS* (proposal defended October, 2013; dissertation defended April, 2015).
- Jessica Goren, Psychology (Chair: Christopher Burke): *Attachment and feelings of evaluation during supportive interactions.* (proposal defended August, 2014; dissertation defended July, 2015)
- Melanie Fann Bass, Counseling Psychology (Chair: Arnold Spokane): *Mental health workers' perceptions of southern accented counselors.* (proposal defended September, 2014; dissertation defended May, 2016)
- Amanda Gernhart, School Psychology (Chair: Patricia Manz): *Level of maternal depressive symptoms and children's expressive language: Examining mediation by parenting interactions.* (proposal defended December, 2014; dissertation defended June, 2015)

- Imad Zaheer, School Psychology (Chair: Lee Kern): *Childhood mental health and psychological flexibility*. (proposal defended February, 2015; dissertation defended June, 2015)
- Jacqueline Faison, School Psychology (Chair: Patricia Manz): *Enhancing provider-parent collaborations: Understanding home visitors' awareness of their families' beliefs about play and child development*. (proposal defended November, 2015; dissertation defended September, 2016)
- Seth Laracy, School Psychology (Chair: Robin Hojnoski): *The sleep beliefs and values of parents of children in preschool and Kindergarten: A Q method study among diverse families*. (proposal defended January, 2016)
- Erin Karahuta, Developmental Psychology (Chair: Debbie Laible): *What makes a good helper? Links between maternal autonomy support, toddlers' inhibitory control, and early prosocial behaviors*. (proposal defended February, 2017; dissertation defended, October 2018)
- Laura Wallace, School Psychology (Chair: Patricia Mann): *Addressing the needs of infants and toddlers exposed to maltreatment: Examining the impact of an integrated early head start & children and youth services program* (proposal defended January 2018)

#### **Member of Qualifying Project Committee**

- Nina Ventresco, School Psychology (Chair: Patricia Mann). Doctoral Qualifying Research Project Committee, Member. *Little Talks, Big Impact: The Effects of a Home-based Book Sharing Intervention on Parenting Self-Efficacy* (completed December 2017).

#### **Chair of Doctoral Qualifying Exam/Portfolio Review Committee at Lehigh University**

Brandon Knettel (while advisor on sabbatical; advisor: Arnold Spokane)	completed 8/13
Stephanie Codos	completed 5/15
Maria Lauer	completed 7/16
Netta Admoni	completed 3/17
Stefani Pila	completed 8/17
Cheré Hunter	completed 8/17
Meenal Jog	completed 3/18
Monica Kim	completed 3/19

#### **Member of Doctoral Qualifying Exam/Portfolio Review Committee at Lehigh University**

Bethany Perkins (advisor: Grace Caskie)	completed 1/12
Sarini Ettigi (advisor: Arpana Inman)	completed 7/13
Melanie Fann Bass (advisor: Arnold Spokane)	completed 5/14
Linh Liu (advisor: Arpana Inman)	completed 5/14
Jessica Liu (advisor: Chris Liang)	completed 6/18

#### **Advising other than Research Direction**

##### Lehigh University M.Ed. Advisees

- Fall 2012 – Summer 2013: 7 advisees
- Fall 2013 – Summer 2014: 9 advisees
- Fall 2014 – Summer 2015: 13 advisees
- Fall 2015 – Summer 2016: 17 advisees
- Fall 2016 – Summer 2017: 16 advisees
- Fall 2017 – Summer 2018: 26 advisees
- Fall 2018 – Summer 2019: 16 advisees
- Fall 2019 – Summer 2020: 9 advisees

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**SERVICE AND LEADERSHIP**


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**UNIVERSITY SERVICE**

*Lehigh Commencement*, Diploma Distributor (May, 2013), Announcer (May, 2014, 2016, 2018)  
*Faculty Financial Planning & Operations Committee (FFPOC)*, member (Spring 2013)  
*Internal Review Committee (IRC)*, member (Fall 2013-Spring 2016, Fall 2016-Spring 2019)  
*Library Users' Committee*, member (Fall 2013-Spring 2016)  
*Education Librarian Search Committee*, member (2015)  
*Lehigh Environmental Advisory Group (LEAG)*, member (Spring 2015)

- *Curriculum sub-committee*, member (Spring 2015)

*Reappointment Review Committee for the Vice President and Associate Provost for Research and Graduate Studies*, member (Spring 2015)  
*Faculty Task Force on Research*, member (Spring 2016)  
*Faculty Peer Exchange Workshop: NIH Funding* (organized by the Office of Vice President and Associate Provost for Research and Graduate Studies), presenter (2016, 2019)  
*Deputy Provost for Faculty Affairs Search Committee*, member (Summer, 2016)  
*NIH Grant Proposal Writing Workshop* (organized by the Office of Vice President and Associate Provost for Research and Graduate Studies), faculty member providing feedback to proposal writers (Summer, 2016)  
*Graduate and Research Committee (GRC)*, member (2016-2019)  
*Fellowship Subcommittee of the GRC*, member (2016-2017; 2017-2018)  
*Graduate and Research Committee (GRC)*, chair (2017-2018)  
*Faculty Steering Committee*, member representing GRC (2017-2018)  
*Assistant Vice President of Sponsored Programs Search Committee*, member (Fall, 2017)  
*College of Education Dean Search Committee*, member (2017-2018)  
*Lehigh Faculty Senate*, elected Senator (May 2018-June 2020)

- *Executive Committee of Lehigh Faculty Senate*, member (2018-2020)
- *Lehigh Faculty Senate Research Environment Subcommittee*, Chair (2018-2020)

*Research Futures Advisory Committee*, member (April 2019-present)

**COLLEGE AND DEPARTMENTAL SERVICE**

*Counseling Psychology Program*, Director of Clinical Training (Spring 2020 - present)  
*School Counseling Program*, Faculty Coordinator (2013 - present)  
*Community Based Participatory Research Faculty Search Committee*, member (2014-2015)  
*Counseling Psychology Faculty Search Committee*, member (2015)  
*Stout Dissertation Award Selection Committee*, member (2015)  
*Counseling Psychology Faculty Search Committee*, chair (2017)

**PROFESSIONAL SERVICE****Office and committee memberships held in professional organizations**

*Diversity Domain Representative, Society for the Advancement of Psychotherapy (Division 29 of the American Psychological Association)*

- Elected to serve on the Board of Directors, January 2020-December 2022



*Pennsylvania Association for Infant Mental Health (PA-AIMH)*

- elected to serve on the Board of Directors, January 2017- December 2020
- organize monthly Infant Mental Health Breakfast meetings
- organize annual Infant Mental Health Mini-conference

*Research and Scholarship Domain Representative, Society for the Advancement of Psychotherapy (Division 29 of the American Psychological Association)*

- elected to serve on the Board of Directors January 2014-December 2016
- re-elected to serve January 2017-December 2019

*Fellowship Application Reviewer, ZERO TO THREE, Leadership Development Institute Fellowship Program. May 2018.*

*Early Career Domain Representative, Society for the Advancement of Psychotherapy (Division 29 of the American Psychological Association)*

- elected to serve on the Board of Directors January 2011-December 2013

*Chair, Research Committee, Division of Psychotherapy (Division 29 of the American Psychological Association) January 2009-December 2009, January 2010-December 2010*

*Associate Chair, Research Committee, Division of Psychotherapy (Division 29 of the American Psychological Association) December 2007-December, 2008.*

*APA and Other Organizations Award Committee for Division 17 (Society of Counseling Psychology), member, appointed to serve September 2012-September 2015, September 2015-September 2018.*

*Program Committee Member, American Psychological Association, Society for Counseling Psychology, 2006-2007, 2007-2008, 2008-2009, 2009-2010, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017, 2017-2018, 2019-2020*

*Program Committee Member, American Psychological Association, Society for the Advancement of Psychotherapy (Division 29 of the American Psychological Association), 2008-2009, 2009-2010, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017, 2017-2018, 2018-2019, 2019-2020*

*Program Committee Member, International Society on Infant Studies, 2009-2010, 2013-2014, 2015-2016*

*Program Committee Member, Society for Research on Child Development, 2008-2009, 2010-2011, 2012-2013, 2014-2015, 2016-2017*

*Program Committee Member, Society for Counseling Psychology, 2008 International Counseling Psychology Meeting, 2007-2008*

*Program Committee Member, North American Chapter, Society for Psychotherapy Research, 2006.*

*Proposal Reviewer, Zero to Three National Training Institute, 2003, 2005*

**Other**

Grant Reviewer, Psychosocial Development, Risk, and Prevention (PDRP) Study Section, National Institutes of Health (NIH), October 2014, June 2015

Grant Reviewer, Special Review Section, National Institutes of Health (NIH), August 2018, July 2019, November 2019

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**PROFESSIONAL AFFILIATIONS**

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American Psychological Association (APA), 1996-present  
Society of Counseling Psychology (Division 17 of APA), 1996-present  
Society for the Advancement of Psychotherapy, (Division 29 of APA), 2000-present  
Society for Psychotherapy Research, 2000-present  
Society for Research in Child Development, 2003-present  
International Congress of Infant Studies, 2008-present  
Society for Emotion and Attachment Studies, 2013-present  
World Association for Infant Mental Health, 2017-present  
Pennsylvania Association for Infant Mental Health, 2017-present

Developmental Interest Group, Psychology Department, Lehigh University, member 2012-present  
Early Development and Education Research Initiative, College of Education, Lehigh University, member, 2014-present